

Detox Menu

Juices	Lemon Ginger Lemonade
	Green Juice
	Turmeric Almond Milk
	All In One Smoothie
Soups/Salads	Beetroot and Butternut Soup
	Chickpeas Microgreens Salad
	Kale, Pumpkin Seeds and Berries Salad
	Zucchini Carpaccio
Entrées	Cannellini Quinoa Burger
	Raw Zucchini Noodle and Cabbage, Alfredo Sauce
	Adzuki Bean Casserole, Brown Rice Crackers
	Sweet Potato and Broccoli Bowl
Treats/Snacks	Coconut Blueberry Parfait
	Gluten Free Banana Nuts Muffins
	Raw Food Oreo Cookies
	Gluten Free Fruit Granola Bars